

Claims: We claim:

1. A page holder comprising:

- (a) a tensioning mechanism set at a predetermined strength, being sufficiently strong to retain pages in an open position, yet sufficiently light to enable page turning,
- (b) a plurality of gripping members, and
- (c) a retaining line of predetermined length,
- (d) said tensioning mechanism being attached to one of said gripping members, and
- (e) said line being attached to said tensioning mechanism, and
- (f) the other end of said line being attached to the second gripping member,

whereby said pages are retained in an open position, and

whereby a user can turn said page without delay or encumbrance, and

whereby the remaining pages are secure throughout the page turn.

2. The page holder of Claim 1, wherein said gripping members are clamps.

3. The page holder of Claim 1, wherein said tensioning mechanism is a self-retracting reel.

4. The page holder of Claim 3, wherein said reel is spring-biased.

5. The page holder of Claim 3, wherein said reel is biased by an elastic band.

6. The page holder of Claim 3, further including a tension adjustment control on said reel.

7. The page holder of Claim 6, wherein the force of tension ranges from approximately 0.05 N to 0.6 N.

8. The page holder of Claim 1, wherein said line is a monofilament.

9. The page holder of Claim 8, wherein said monofilament is made from polyvinylidene fluoride.

10. The page holder of Claim 1, wherein said page holder is applied directly to a book.
11. A method of retaining pages while enabling unencumbered manual page turning, comprising:
 - (a) providing a page holder comprising a tensioning mechanism set at a predetermined strength, being sufficiently strong to retain pages in an open position, yet sufficiently light to enable page turning, said tensioning mechanism being attached to a first gripping member, and said tensioning mechanism dispensing a retaining line, the other end of said line being attached to a second gripping member,
 - (b) providing a support for reading matter, and placing reading matter on said support,
 - (c) attaching said gripping members to opposing edges of said support, and extending said line across said reading matter,

whereby said pages are retained in an open position, and
whereby a user can turn said page without delay or encumbrance, and
whereby the remaining pages are secure throughout the page turn.

12. The method of Claim 11, wherein said gripping members are clamps.
13. The method of Claim 11, wherein said tensioning mechanism is a self-retracting reel.
14. The method of Claim 13, wherein said reel is spring-biased.
15. The method of Claim 13, wherein said reel is biased by an elastic band.
16. The method of Claim 13, further including a tension adjustment control on said reel.
17. The method of Claim 16, wherein the force of tension ranges from approximately 0.05 N to 0.6 N.
18. The method of Claim 11, wherein said line is a monofilament.

19. The method of Claim 18, wherein said monofilament is made from polyvinylidene fluoride.
20. The method of Claim 1, wherein said support is a clipboard.